



SPRING VALLEY

ACTIVITY & PROGRAM GUIDE



WINTER/SPRING 2016



SPRING VALLEY AREA MAP



Legend

-  Local Park
-  Community Center
-  Teen Center
-  Library
-  Sports Park

SUPERVISOR'S MESSAGE

Welcome to Spring Valley Parks and Recreation!

The Spring Valley Parks and Recreation team strives to promote passive and active recreational services, programs and facilities that enrich the lives of all residents and promote opportunities for healthy lifestyles. We take pride in offering quality programs and maintaining the best recreation centers and athletic facilities possible. We have a multitude of offerings for all ages and levels of fitness. Enjoy day-camping, tennis, golf and basketball leagues, as well as athletic and exercise programs. For older adults, check out the lunch programs and day trips. For all ages, classes and programs are available year-round plus much more. Please take a few moments to see for yourself how these resources can enrich your life!

It is our privilege to serve this wonderful community and hope visitors can also enjoy our wide variety of programs and facilities as well.



SPRING VALLEY COMMUNITY CENTER

8735 Jamacha Blvd.
Spring Valley, CA 91977
619-479-1832

Mondays:
9 a.m. – 4 p.m.

Tuesdays – Thursdays:
10 a.m. – 8 p.m.

Friday:
9 a.m. – 5 p.m.

Closed: Saturdays & Sundays

HOLIDAY CLOSURES

- President's Day
Monday, February 15
- Cesar Chavez Day
Thursday, March 31
- Memorial Day
Monday, May 30

SPRING VALLEY GYMNASIUM

838 Kempton Street
Spring Valley, CA 91977
619-667-6833

Monday – Friday:
3:30 – 9:00 p.m.

Saturday – Sunday:
Closed

SPRING VALLEY REC CLUB

838 Kempton Street
Spring Valley, CA 91977
619-667-6835

Monday & Tuesday, Thursday
& Friday:
2 p.m. – 6 p.m.

Wednesday:
1 p.m. – 5 p.m.

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LIVE WELL
SAN DIEGO

Live Well San Diego is the County of San Diego's vision for a region that is building better health, living safely and thriving. Live Well activities promote the health, safety and well-being of all County residents. Parks and Recreation supports this vision through hundreds of educational and recreational offerings, every year.

SPECIAL EVENTS

Breakfast with the Bunny & Spring Egg Hunt

The entire family will enjoy a special visit from Spring Valley's own Bunny! Breakfast includes pancakes, sausage, juice, coffee and milk — all served by the enthusiastic Spring Valley Kiwanis Club. After breakfast, the egg hunt will start at 10 a.m. sharp!

- Location:** Spring Valley Community Center
- Date:** March 19
- Time:** 8:00 – 9:45 a.m. Breakfast
10 a.m. Egg Hunt
- Fee:** \$4 for ages 2-11
\$5 for ages 12+
\$5 Pictures with the bunny
Free egg hunt
- Ages:** 2 – 10 for the Spring Egg Hunt
All ages welcome for the Breakfast with the Bunny



It's How We Live!

Spring Valley is celebrating its 11th Annual "It's How We Live!" event - a health and wellness festival that has a wide array of activities for the entire family including a bounce house, live entertainment, information booths, healthy food samples, health and dental screenings, prizes and giveaways.

- Location:** Spring Valley Park
- Date:** April 23
- Time:** 10 a.m. – 2 p.m.
- Fee:** Free
- Ages:** All ages

Village Fest

The Spring Valley Community Center is celebrating its 2nd annual "Village Fest" in celebration of Asian-Pacific American Heritage Month. This event features live entertainment, speakers, children's activities, food, a bounce house and much more.

- Location:** Spring Valley Park
- Date:** May 14
- Time:** 10 a.m. – 2 p.m.
- Fee:** Free
- Ages:** All ages





SENIOR PROGRAMS

Catered Lunches

Meet new friends and enjoy nutritionally balanced meals. All reservations must be made by 12 p.m. at least 7 days in advance. For information or reservations, call 619-337-1425.

Location: Spring Valley Community Center
Date: February 1 – December 30
 Monday – Friday, ongoing
Time: 10:00 a.m. – 12:30 p.m.
Fee: Suggested Donation of \$3.50
 \$6 for ages under 60
Ages: 50 and older

Bingo

Have some fun and enjoy a game of Bingo with friends! The ongoing game is available to all retired citizens.

Location: Spring Valley Community Center
Date: February 1 – December 30
 Mondays, Wednesdays & Thursdays only
Time: 10:30 – 11:15 a.m.
Fee: Free
Ages: 50 and older

Legal Aid

Get help answering all of your legal questions. This service is offered the second Monday of every month. Call to book your appointment at 619-447-7921.

Location: Spring Valley Community Center
Date: Second Monday of each month
Time: Call for appointment
Fee: Free
Ages: 50 and older

Senior Movie Matinée

Join us after the senior lunch program for a free movie and social gathering. All are welcome to come and enjoy a classic film with free popcorn and friends.

Location: Spring Valley Community Center
Date: March 10
Time: 12 – 2 p.m.
Fee: Free
Ages: 50 and older

Flower Fields

Enjoy the beautiful Flower Fields in Carlsbad overlooking the Pacific Ocean among 50 acres of Giant Tecolote Ranunculus that transform the landscape into a solid expanse of vibrant, bright color. Lunch is not provided, however, there are nearby restaurants to enjoy. Space fills quickly and will be available on a first-come, first-served basis.

Location: Flower Fields in Carlsbad
Date: April 13
Time: 10 a.m. – 4 p.m.
Fee: \$20
Ages: 50 and older



YOUTH PROGRAMS

Spring Camp

Enjoy two weeks of fun during Spring Break! Spring Camp consists of arts and crafts, science, sports and games, and other fun projects to fill the day. Camps fill up quickly, so register now to reserve your child's spot. Register by March 14 to ensure your child's spot.

Bring sunscreen lotion/spray, bottle water, and closed-toed shoes.

Location: Spring Valley Community Center

WEEK 1: March 21 – March 25
Fee: \$95/week/child
\$33 daily rate

WEEK 2: March 28 – April 1
No camp March 31
Fee: \$85/week/child
\$33 daily rate

Time: 7 a.m. – 6 p.m.
Ages: 6 – 12 years

Summer Day Camp

Summer Day Camp is a wonderful way for your child to spend an action-packed and fun-filled summer. Boys and girls ages 6 – 12 are invited to a busy week of field trips, sports, arts and crafts, wacky games, special events and much more. Our experienced staff will plan and lead activities. Supplies, breakfast, lunch and snacks will be included.

Location: Spring Valley Community Center
Date: June 20 – August 12
Time: 7 a.m. – 6 p.m.
Fee: TBD
Ages: 6 – 12 years



Hula

Aloha is alive in Spring Valley! This hula class is taught by a professional hula dancer for more than 40 years. Enjoy the love of hula and remotely experience the islands ambiance. This is fun and exciting for all ages. Performance opportunities are available.

Location: Spring Valley Community Center
Dates: January 5 – February 23
March 1 – April 26
May 3 – June 28
Time: 4:30 – 5:30 p.m.
Fee: \$70
Ages: 5 and older



Jazz/Hip Hop – Dance Explorations!

Enjoy positive music and inspiring moves! Students perfect what they already know learning strong moves, leaps, turns falls, combinations, choreography! Performance opportunities available!

Location: Spring Valley Community Center
Dates: January 5 – February 23
March 1 – April 26
May 3 – June 28
Time: 5:30 – 6:30 p.m.
Fee: \$70
Ages: 5 and older

Ballet Folklorico (Beginning)

Enjoy a true cultural dance experience for males and females of all ages. Our instructor brings more than 40 years of experience in teaching performance and dance. Students will have many performances throughout the year, including one in Old Town and another at the San Diego County Fair. The instructor will advance each student, accordingly.

Location: Spring Valley Community Center
Dates: January 7 – February 25
March 3 – April 28
May 5 – June 30
Time: 5:30 – 6:15 p.m.
Fee: \$65
Ages: 3 and older

Ballet Folklorico (Intermediate/Advanced)

Enjoy a true cultural dance experience for males and females of all ages. Our instructor brings more than 40 years of experience in teaching performance and dance. Students will have many performances throughout the year, including one in Old Town



and another at the San Diego County Fair. In all, students in this class will have the opportunity to learn and perform 16 additional dances! The instructor will advance each student, accordingly.

Location: Spring Valley Community Center
Dates: January 7 – February 25
 March 3 – April 28
 May 5 – June 30
Time: 6:15 – 7 p.m.
Fee: \$65
Ages: 5 and older

Tennis (Beginner)

This class is designed to teach and enhance basic skills in tennis. Please bring water.

Location: Mount Miguel High School (Tennis courts)
 8585 Blossom Lane
Dates: April 9 – May 28
Time: 10 – 11 a.m.
Fee: \$100
Ages: 6 – 10 years

Tennis (Intermediate)

In this intermediate tennis class your child will enhance their hand-eye coordination, court awareness, and physical fitness. They will learn proper grip, stroke mechanics and learn how to move with the racquet. Games and prizes will be used to encourage a fun tennis experience. Please bring water.

Location: Mount Miguel High School (Tennis courts)
 8585 Blossom Lane
Dates: April 9 – May 28
Time: 11 a.m. – 12 p.m.
Fee: \$100
Ages: 6 – 10 years

Dance Sampler & Tumble I

Introduce your children to music and movement with a variety class of Tap, Ballet, Jazz and beginning tumbling skills. Develop coordination and rhythm. In hope to perform at the fair, dancers must participate in both Winter & Spring sessions. There will be a costume and registration fee, separate to each other and paid to the instructor.

Tap or hard-soled shoes required, bare feet for Ballet/Tumble. Students only in the classroom for “ALL” dance classes.

Location: Spring Valley Community Center
Date: February 10 – March 16
Fee: \$56
Ages: 2.75 – 6 years
Date: April 27 – June 15
Fee: \$74
Ages: 3 – 6 years
Time: 5:10 – 5:45 p.m.



Dance Sampler & Tumble II

Introduce your children to music and movement with a variety class of Tap, Ballet, Jazz and beginning tumbling skills. Develop coordination and rhythm. If interested in performing at the fair, dancers must participate in both Winter & Spring sessions. There will be a costume and registration fee, separate to each other and paid to the instructor. Beginning Dance and Tumbling experience needed to participate in this class.

Tap or hard-soled shoes required, bare feet for Ballet/Tumble. Students only in the classroom for "ALL" dance classes.

Location: Spring Valley Community Center

Date: February 10 – March 16

Fee: \$58

Date: April 27 – June 15

Fee: \$76

Time: 5:50 – 6:35 p.m.

Ages: 6.5 – 11 years

Karaoke

So, do you think you've got talent? Be a dancer, singer, mime — it doesn't matter as long as you're sharing your talents with others. The stage is all yours in this special program.

Location: Spring Valley Community Center

Date: April 5

Time: 3:30 – 4:30 p.m.

Fee: \$5

Ages: 7 and older



Parent & Tot/Young Tumble

TO BE ANNOUNCED WHEN THIS CLASS WILL RESUME

This is a parent involvement class in which children will have a great time while developing motor skills, rhythm, coordination, balance & social skills. In the class kids will use balls, a parachute, obstacles, beanbags, music and sports (like tee ball). Basic animal walks and tumbling skills will be introduced. The instructor may add tumbling skills that are a little more advanced, for children who are ready to progress.

Location: Spring Valley Community Center

YOUTH SPORTS

Gymnastics

Gymnastics classes coming soon. Please call Spring Valley Community Center for more details.

Wang Ho Tae Kwon Do

The Korean art of kicking and punching, Tae Kwon Do emphasizes modesty, self-control, discipline and respect while teaching self-defense and building confidence.

Please wear appropriate athletic clothing for stretching and kicking.

Location: Spring Valley Community Center

Dates: February 5 – March 25

April 8 – May 27

Time: 4 – 5 p.m.

Fee: \$60

Ages: 5 and older



Youth Basketball League

All skills and experience levels are welcome in this fun Youth Basketball Coed League! Players are required to attend the skills assessment before the season starts. The skills assessment is scheduled for May 28, 2016. Practices are on the weeknights. All games will take place on Saturdays. This is an 8-game season. Volunteer coaches are welcome - please call us in advance!

Location: Spring Valley Gymnasium

Registration Date: March 1 – May 20

Fee: \$60

Ages: 5 – 13 years

Youth Golf Skills Class

Are you new to the game of golf or looking to improve your golf skills? Join our Youth Golf Skills Class. The Golf Skills Class is a great opportunity to learn the game of golf. Fundamental skills taught in this class include proper swing technique, proper putting technique, proper chipping technique, rules and golf etiquette. Clubs are provided for all participants. Learn a game you can play for the rest of your life. This class will meet every Monday and Friday for six weeks.

Location: Spring Valley Gymnasium
Date: March 14 – April 18
Time: 5 – 6 p.m.
Fee: \$30
Ages: 8 – 14 years



Pee Wee Sports Class

Parents, are you looking to introduce your younger athlete to sports? Pee Wee Sports Class is for younger athletes ages 3 ½ – 5. Pee Wee Sports Class introduces young athletes to the following sports: soccer, basketball, and baseball. Participants will play each sport for two weeks. The class focuses on improving young athletes' basic motor skills as well as building confidence and enhanced social skills. This class will meet every Thursday for six weeks.

Location: Spring Valley Gymnasium
Date: March 17 – April 21
Time: 5 – 6 p.m.
Fee: \$30
Ages: 3.5 – 5 years

Youth Basketball Skills Class

Do you want your child to progress and develop their basketball skills after the basketball season? Sign your son/daughter up for an exciting fundamental development class. Your child will have the opportunity to learn basketball fundamentals in the following areas: passing, dribbling, shooting and defense. After 6 weeks, your son/daughter will have the confidence and fundamental skills in basketball.

Location: Spring Valley Gymnasium
Date: March 14 – April 18
Time: 5:30 – 6:30 p.m.
Age: 5 – 6 years old
Date: March 14 – April 18
Time: 6:30 – 7:30 p.m.
Age: 7 – 8 years old



Date: March 15 – April 19
Time: 5:30 – 6:30 p.m.
Age: 9 – 10 years old

Date: March 15 – April 19
Time: 6:30 – 7:30 p.m.
Age: 11 – 14 years old

Fee: \$30

Youth Volleyball Skills Class

Parents, are you interested in improving your son/daughter volleyball skills? The Parks and Recreation Department is offering a fun and exciting volleyball skills class, which focuses on developing kids' volleyball fundamentals. Lessons covered during this 6-week course include serving, passing, hitting and blocking. Lessons can have the added benefit of boosting your child's confidence. This class will meet every Wednesday and Friday for six weeks.

Location: Spring Valley Gymnasium
Date: April 6 – May 11
Time: 4 – 5:30 p.m.
Fee: \$30
Ages: 8 – 14 years

REC CLUB

838 Kempton Street,
Spring Valley, CA

Hours of Operation

Time: Monday through Friday 2:30 – 6:30 p.m.
Fee: Free
Ages: 10 – 17 years

The Spring Valley REC Club demonstrates how the County of San Diego Department of Parks and Recreation makes a positive difference in the lives of youth. The goal of REC Club is to provide a safe, fun, positive environment that is free of violence, drugs, prejudice and racism. To achieve this, the club offers opportunities for middle and high school youth to grow through physical fitness, art expression, leadership roles, community service, and education activities while enhancing their self-esteem, communication skills, problem solving ability, and community involvement. The fundamental objective of the program is to succeed in life. We encourage youth to take a proactive role toward leading healthy lives free of drugs and violence. For more information, contact Kevin Payton, Recreation Program Coordinator, at 619-667-6835.

Weekly Activities

- Arts & Crafts
- Community Service
- Guitar and DJ Classes
- Gardening
- Journalism Class
- Sports and Fitness Activities
- Volunteer Projects
- Cooking Class
- Special Interest Clubs

The SPOT Open Mic

This Spring Valley REC Club event is designed to give youth the opportunity to express themselves in a positive environment. Participants will get to dance, sing, recite poetry, perform with a band, etc. All acts are acceptable as long as it is appropriate for the audience (i.e. no foul language or dance moves). Performers must be at/below the age of 18, but we encourage family and friends of all ages to attend.

SPOT Open Mic night is open to any youth acts of entertainment and is not limited to members of the REC Club. Email Kevin. Payton@SDCounty.CA.Gov with the subject "The SPOT Open Mic" for information on how to sign up. All acts must be signed up by March 11 to perform.

Date: March 18
Time: 6 – 8 p.m.

Joshua Tree Rock Climbing

This Spring Valley REC Club camp out will be 2 days and 1 night at Joshua Tree National Park in 29 Palms. Participants will get to learn about adaptations of animals and plants in the area as well as the natural cycles that have made an impact in the development of the geography and landscape. Rock Climbing lessons will be at the beginner level for all climbers and will be provided by certified climbing instructors from SDSU's Aztec Adventures Program. The REC Club provides transportation to and from the campground as well as meals for participants.

All Nature Explorers Program outdoor adventures are free to members of the REC Club. Permission slips are available two weeks prior to each trip and members selected to attend will be notified one week in advance.

Date: March 24 – 25

REC Club Classes

Hospitality & REC: Mondays

Work as a team to put together real events. Put together games and events for The SPOT open mic night. Learn to use computer programs to create budgets, layouts, and choose activities.

Journalism: Wednesdays

You will get a chance to create a REC Club newsletter and do video interviews for Rec Club News Network.

Guitar: Tuesdays & Thursdays

Learn to play guitar with personal small group lessons.

Must attend each class or you will lose your spot due to limited availability. Classes are offered in 6 week cycles.
 Call 619-667-6835 for info.



Nature Explorers Program

The Nature Explorers Program is an outdoor adventure program which is focused on developing an appreciation for the outdoors and an ethic of environmental stewardship. Through engaging in outdoor adventures like hiking, surfing, kayaking and rock climbing REC Club members will learn about nature in an exciting environment that will help to reinforce lessons based on California Next Generation Science Standards. Lessons focus on natural cycles, energy flow in the food chain, the many interrelationships that we can observe in nature, adaptations and history of the areas that we visit. Participants are engaged in informal class settings with the hope of associating the information they learn with the fun experience to help reinforce knowledge retention. These trips can range from day hikes and local camping trips to surfing and rock climbing in Joshua Tree National Park.

All Nature Explorers Program outdoor adventures are free to members of the REC Club. Permission slips are available two weeks prior to each trip and members selected to attend will be notified one week in advance. Call 619-667-6835 for more information and the latest schedule of trips.

Date: February 1 – May 31



ADULTS

Senior Core Conditioning

This is a playful yet rewarding fitness class that includes a gentle blend of various exercises designed to improve flexibility, strength, balance, stamina and breathing exercises. You're guaranteed to feel like a kid again! The focus is on safety and injury prevention, while building overall fitness and strength.

Bring a yoga mat and water bottle.

Location: Spring Valley Community Center
Date: February 2 – March 22
 April 5 – May 24
Time: 10 – 10:50 a.m.
Fee: \$48
Ages: 50 and older



Zumba with Marisol

Zumba is a Latin inspired, easy-to-follow, calorie burning, feel-it-to-the-core, fitness party! You will get a marvelous workout and condition all muscles while having fun. Feel the music, feel the fitness!

Location: Spring Valley Community Center
Date: February 3 – March 23
 April 6 – May 25
Time: 7:15–8 p.m.
Fee: \$36
Ages: 12 and older

Urban Soul Line Dance

Ladies and Gentlemen, get ready to have fun learning dances and making new friends. Our goal is to teach new moves, and to have adults and seniors dancing at various park concerts and festival venues throughout San Diego!

Location: Spring Valley Community Center
Date: February 4 – May 26
Time: 1 – 2:30 p.m.
Fee: \$30/month
Ages: 18 and older

Yoga

Treat yourself after a long day with a calming and stress-relieving yoga class to stretch and strengthen the body. This class is an all-levels yoga class, where we will build awareness of the breath and the body. Poses and postures will have modifications for both beginning and advanced students. Work at you own ability and comfort level.

Bring a yoga mat and water bottle.

Location: Spring Valley Community Center
Date: April 7 – May 26
Time: 5:30 – 6:30 p.m.
Fee: \$60
Ages: 12 and older

SPECIAL INTEREST

Open Computer Lab

All participants must complete a "SVCC Internet and Computer User Agreement Form" at the front office. Time for open lab is subject to change.

Location: Spring Valley Community Center
Date: Feb. 1 – May 31
Time: 12 – 3 p.m.
Fee: Free
Ages: 13 and older

Tutoring Club – Intergenerational

Join in on the fun of learning! Children in grades K through 8 can participate in this one-of-a-kind intergenerational tutoring program. The program offers students the opportunity to receive homework assistance from professional tutors, retired school teachers, education interns from San Diego State University, and Spring Valley Community Center staff. Additionally, we provide healthy snacks, a recreational game and speech practice. Sign-ups are ongoing.

Location: Spring Valley Community Center
Date: Feb. 3 – March 17
Time: 3 – 4:30 p.m.
Fee: \$5
Ages: Grades K – 8



Keyboard and Internet

Keyboard and Internet is a combination class for people who would like to learn more about how the Internet works. Keyboard section of the class will be scheduled from 3:30 – 4:30 p.m. The Internet portion of this class is from 4:30 -5:30 p.m.



Location: Spring Valley Community Center
Date: February 3 – March 23
 April 6 – May 25
Time: 3:30 – 5:30
Fee: \$10
Ages: 18 and older

Dog Obedience

Materials needed include a choker (training collar), 6-foot and 20-foot leash. Pet owners must provide proof of current rabies and vaccination records for each dog. Dogs must be 4 months old or older for this class.

Location: Spring Valley Park
Date: Feb. 13 – March 19
 April 16 – May 21
Time: 9 – 10 a.m.
Fee: \$70
Ages: 12 and older





SPRING VALLEY COMMUNITY CENTER RENTAL

WEDDINGS | BIRTHDAYS | QUINCEANERA | ANNIVERSARIES | BANQUETS
BABY SHOWERS | BAPTISMS

The Spring Valley Community Center Ketell hall is a large open room capped by a cathedral ceiling and surfaced with a vinyl tile floor that is great for dancing. A southwest facing patio with a view toward the mountains is available with the rental at no extra charge.

Room	Square Footage	Capacity	Private Function/ Commercial Users	Non-Profit Rentals	Refundable Deposit	Table & Chair Rental Fee
* Ketell Hall	3952 sq. ft.	250	\$500/4 hours \$90/each additional hours	\$400/4 hours \$80/each additional hour	\$300	\$50
Kitchen(flat rate)	n/a	n/a	\$105	n/a	n/a	n/a
* Olsen Room	1294 sq. ft.	78	\$55/hr.	\$40/hr.	\$100	\$25
Patio Lounge	2300 sq. ft.	160	\$30/hr.	\$25/hr.	n/a	n/a

Reservation Information:
619-479-1832

Equipment Available: 25 round tables, 27 long tables, 275 chairs, ice, easel, screen, stage, and patio.

* 4 hour minimum, plus security



SPRING VALLEY GYMNASIUM RENTAL

The Gymnasium is a 15,860-square-foot state of the art basketball/volleyball facility capable of hosting large tournaments, leagues, rentals, or open play. Community programs are also available ranging from cheerleading to sports camps. All requests for gym rentals must be made 30 days or more in advance to be considered. If you are renting for a tournament, a \$250 deposit is due immediately and balance is due by Friday at 5 p.m. before the tournament, along with a copy of your liability insurance.

Reservation Information: 619-667-6833.

Date	Usage	Price	Available Times
Monday – Friday	Half Gym (1 Court)	\$50/hr.	3:30 – 9 p.m.
Monday – Friday	Full Gym (2 Courts)	\$100/hr.	3:30 – 9 p.m.
Saturday – Sunday	Half Day (2 Courts) (4 – 5.5 hours)	\$400/day	8 a.m. – 10 p.m. (4 hour min.)
Saturday – Sunday	Full Day (2 Courts) (6+ hours)	\$550/day	8 a.m. – 10 p.m. (4 hour min.)
Concession Fee	n/a	\$25/day	n/a

Hours of Operations: Monday – Friday, 10 a.m. – 6 p.m. Closed Saturday and Sunday



SWEETWATER LANE SPORTS COMPLEX

The 11-acre Sweetwater Lane Sports Complex consists of artificial turf fields which accommodate multiple football and soccer fields. There are four baseball/softball fields with bleacher seating. The fields have lighting for evening leagues. The complex also has a concession stand, exercise stations, a half-mile exercise track, and a children’s playground for ages 5–12.

It is required that all organized leagues/teams obtain written authorization from the Department of Parks and Recreation prior to using the ball fields for practice or games. Fields may be reserved between the hours of 8 a.m. and 10 p.m.

For more information on the field allocation process, please contact the Spring Valley Gymnasium office at 619-667-6833.

Group Type	Fields	Lights	Concession Stand
B – youth recreational, volunteer based organizations	\$0/hr., per field	\$20/hr., per field	\$400/month
C – youth competitive teams/leagues	\$15/hr., per field	\$20/hr., per field	\$400/month
D – adult sports organizations, camps and clinics for youth or adult	\$25/hr., per field	\$20/hr., per field	\$400/month

SPRING VALLEY AREA PARKS



Bancroft County Park and Rock House

3554 James Circle
Spring Valley, CA 91977
619-644-5492
Open sunrise to sunset

Bancroft County Park is a 4.37-acre neighborhood park just off CA-94 in the Spring Valley. On site is a rock house, built in the late 1880s for Hubert Howe Bancroft, a wealthy writer, editor and publisher of history books. The house has been labeled as a County of San Diego Historic Landmark thanks to its sturdy build and colorful history as a school house, a guest house and a fire-safe storage facility.

Eucalyptus County Park

9125 Edgewood Dr.
Spring Valley, CA 91977
877-565-3600
Open sunrise to sunset

This 6.45-acre park offers visitors a playground with swing set, horseshoe pits and picnic pavilion. Public restrooms are also available on site.

Goodland Acres County Park

8848 Troy St.
Spring Valley, CA 91977
877-565-3600
Open sunrise to sunset

This small, 1.34-acre park with towering palms is located just one mile off CA-94 offers visitors a playground, basketball court, horseshoe pits and public restrooms.



Lamar County Park

3180 Bancroft Dr.
Spring Valley, CA 91977
877-565-3600
Open sunrise – sunset

Lamar County Park is an 8.89-acre neighborhood park located in Spring Valley that contains a playground for children ages 2-to-5, a pavilion, restroom, picnic tables, lawn areas, barbecues, and drinking fountains.

Spring Valley County Park

8735 Jamacha Blvd.
Spring Valley, CA 91977
619-479-1832
Open sunrise to sunset

Located on Jamacha Blvd. just off CA-125, Spring Valley County Park offers visitors a partially shaded exercise walkway, a picnic pavilion, 26 picnic tables, four barbecues, a basketball court, two tot lots and a public restroom.

THE UPSIDE
OF OUTSIDE





SPRING VALLEY COMMUNITY CENTER

8735 Jamacha Blvd.
Spring Valley, CA 919177



BOARD OF SUPERVISORS

Greg Cox, District 1
Dianne Jacob, District 2
Dave Roberts, District 3
Ron Roberts, District 4
Bill Horn, District 5

DEPARTMENT DIRECTOR

Brian Albright

CHIEF ADMINISTRATIVE OFFICER

Helen N. Robbins-Meyer

